R. 640

Η ΚΡΑΤΙΣΤΗ
ΤΩΝ ΜΕΛΑΓΧΟΛΩΝΤΩΝ
ΚΑΙ ΜΑΙΝΟΜΕΝΩΝ ΙΑΤΡΕΙΑ:

Or, the Beſt

METHOD

For the Cure of

LUNATICKS.

With ſome Account of the

INCOMPARABLE

Oleum Cephalicum

Uſed in the ſame,

Prepared and Adminiſtred

By *Tho. Fallowes*, M. D.
At his Houſe in *Lambeth-Marſh*,

And to be had there, or at Mr. *Jones*'s Haberdaſher of Hats, over againſt the *Pump* in *Chancery-Lane*, and no where elſe. 1705.

IV Td. c
2

THE BEST

METHOD

For the Cure of

LUNATICKS, &c.

AMong the Miſeries to which Mankind are ſubject, nothing is more ſad and deplorable, nor deſerves greater Compaſſion than the Caſe of *Lunaticks*. They are uncapable of the Satisfactions of Life themſelves, and ſo great an Affliction and Diſturbance to all who have any Concern about 'em, that 'tis pre-

ſum'd, nothing can be more acceptable to the World, than either to propoſe ſuch a Method of Cure as may relieve the Afflicted Patient, (if curable) or provide convenient Lodging and Diet, and take that tender Care of 'em, as at once may eaſe them of part of their Miſery, and allay the Sorrow of ſuch Perſons who may at any time be ſo unhappy as to have their deareſt Friends fall into this melancholly Condition.

I have propos'd both theſe to my ſelf, in my ſtudy of the Nature and Cure of this Caſe, and in this Publication. *Diſtractions* are of different Kinds, and proceed from various Cauſes, and exhibit

hibit different *Phænomena*, according to the Climate in which the Patient is born, the Conſtitution of his Body, the Temperament and Diſpoſition of his Mind, or the Method of his Education. And as this Kingdom, perhaps, moſt abounds in *Lunaticks*, ſo the greateſt variety of *Diſtractions* are to be ſeen among us: For, the *Spleen*, to which it has been obſerv'd, this Nation has been extreamly ſubject, often riſes up to very enormous Degrees, and what we call *Hypo* often iſſues in *Melancholly*, and ſometimes in *Raving Madneſs*.

From the variety of the Appearance of this Diſeaſe, it has paſs'd

under different Names, and is call'd *Lunacy*, from the *Latin*, *Luna*, the *Moon*; becauſe it has been obſerv'd, That the *Paroxyſms* have kept a *Lunar* Courſe, and had their Periods and different Impreſſion, agreeable to the Courſe of the *Moon*; though, I confeſs, I can't be of opinion that there is ſo much of the Influence of this *Planet* upon the Body, as ſome (eſpecially the *Antients*) have affirm'd. 'Tis call'd *Melancholly Madneſs*, from the *Greek*, μέλας & χολὴ, which ſignifies *Black Choler*; and from the abundance of the *Bile*, which being either in Quantity exceſſive, or not well ſeparated, is the Cauſe of that aduſt, black

black and melancholly Temper that poſſeſſes many. It is called *Madneſs*, or *Raving*, or *Diſtraction*, from the brisk Fury that is upon the Spirits, and the Hurry and Diſorder it produces; their quick and raging Actions, and Expreſſions, and the dreadful Effects of them: But, as to the Names we need not be much concern'd, they may be usd indifferently, for any of the Kinds, ſo the Patient be but aſſiſted, or cur'd.

The *Symptoms* of this Diſorder are ſometimes more obvious, ſometimes leſs; 'tis often eaſy to diſcern the Approaches of it, and yet it ſometimes comes in a Mo-

ment, and unperceiv'd, and does as frequently change its Appearance from the Extream of *Raving*, to that of *Melancholly*; and the inward Diſorder ſhall lurk with ſo much ſecreſy, that I have known many ſunk into the *deepeſt Melancholly*, while their Friends apprehended no more than a Sedateneſs of Temper, or a little more than ordinary *Thought*. But the ordinary Fore-runners of this Malady are, *violent Fears*, a *Tremor* and *ſhaking* of the *Nerves*, a new *Turn of the Eye, confus'd Thoughts, Starts, and ſudden Fits of ſpeaking, and a declination of the Voice, amazing Dreams, deep Sighs, and a continu'd dread of Damnation*, which ſome

Religious Perſons are frequently diſturb'd with, and that which at firſt appear'd only *Enthuſiaſm*, by want of proper and judicious Inſtruction, or by the miſtaken Repreſentation of *God's Method of Grace*, grows up to a *proper Madneſs*, and is the more difficult to cure, becauſe of the habitual Indiſpoſition of the Mind, and the ſtrong Impreſſions that their Principles have made upon it.

The Internal and leading Cauſes of theſe Diſorders are almoſt innumerable; but diſappointment in *Love*, *Ambition*, *Riches*, or any thing that has made a violent Impreſſion upon the Mind, are the nearer Cauſes of this Diſtemper: But the

the proper Seat of it appears to be the *Brain*, which is disturb'd by *Black Vapours*, which clog the finer Vessels, through which the *Animal Spirits* ought freely to pass, and the whole Mass of Blood being disordered, either over-loads the small Veins of the Brain, or by too quick a Motion, cause a Hurry and Confusion of the Mind, from which ensues a *Giddiness*, and at length a *Fury*. The Abundance of *Bile*, which is rarely found to have any tolerable *Secretion* in such *Patients*, both begets and carries on the Disorder; and in *Women*, the Obstructions of the *Matrix*, are wonderfully apt to cause foul *Vapours* to rest in the Head, and run

the

the Patient immediately into Diſtraction. A *Furor Uterinus* is of this Kind, and has often the moſt diſmal Effects, which I need not enumerate. The Effects of all *Lunacies* are known to be *Quick and heated Blood, a Raving*, and ſometimes inſufferably *Lewd Tongue, a ſullen Averſion to Speech, Laughter, or any kind of Converſe, and even to their Food*; and ſometimes an Exceſs of all theſe, *An Emaciated Body*, and even Death it ſelf: And what is ſtrange to obſerve, tho' in their Intervals, they ſometimes recover an Appetite, act regularly, and wou'd tempt a Man to believe their Cure perfect, yet on a ſudden their Fits return, with the utmoſt Violence,

olence, and I have known ſome ſuch who could never be entirely cured.

Hereupon, I don't by this Publication pretend to imitate ſuch who undertake infallibly to perform the Cure of every *Patient* in a Month or two; ſuch Pretences are the ſureſt Evidence of Ignorance and Inſufficiency for ſuch a Work. And Experience has taught me, that tho' I know my Method to be adapted, to anſwer and do ſome good in the longeſt and moſt inveterate Caſes, and that I have cur'd great Numbers of *Lunaticks*, yet there are ſome *Lunacies* that I own, I deſpair of ſeeing perfectly cur'd. Thus, I have now in my

Houſe,

Houſe, a *Patient*, of too high Quality to be nam'd in this Piece, who was in the deepeſt *Melancholly*, and as much diſorder'd with it as any I have ſeen, except a Perſon I ſhall now mention; and ſhe has (by the Bleſſing of God on the uſe of my Method) been reſtor'd to the *free Uſe and Exerciſe of Reaſon*: And as ſhe is of incomparable good Humour and Parts, ſo her Reaſon appears leſs clouded, and her Thought more at Liberty; Her Memory as ſtrong, and her Expreſſion as bright and regular, as at any time before ſhe fell under this Diſorder.

But on the contrary, I have another *Patient*, whoſe Caſe was originally

originally the ſame, and who having been for above Fourteen Years, in ſeveral Perſons Hands, and cruelly treated too, before he came under my Care, is, I fear, impoſſible to be cur'd; for tho' my *Medicines* do make ſome Impreſſion, and relieve him a little for a time, yet having been ſo long in diſorder, he appears to have loſt the very *Power of Reaſoning*, and to be ſure, has no more than the moſt ſtupid *Ideots* are obſerv'd to expreſs; and I'm afraid 'tis impoſſible for *Medicines* to reſtore the Reaſon of ſuch a Man.

Theſe Conſiderations engag'd my ſtudy on this Caſe, and I have diſcovered a noble Medicine proper

to

to it, being the Incomparable *Oleum Cephalicum*, a Compoſition ſo very curious, and which I have known the Uſe and Benefit of in ſo many Inſtances, that I can venture to aſſure it to be the Beſt *Medicine* in the World, in all the Kinds of *Lunacy* I have met with. It is of an excellent and moſt pleaſant Smell; and by raiſing ſmall *Puſtules* upon the Head, which I always anoint with it, opens the Parts which are condens'd, and made almoſt inſenſible, by the black Vapours fix'd upon the *Brain*; it confirms the Texture of the *Brain*, ſtrengthens the Veſſels, and gives a Freedom to the *Blood* and *Spirits* inclos'd in them: Being given at

the

the first beginning of Disorder, it removes the Cloudiness of the Mind, makes the *Patient* chearful, lively and active, and when apply'd after the greatest *Fury* and *Passion*, it never fails to allay the *Orgasm* of the *Animal Spirits*, and sweetly compose 'em. It removes the Terror of the Mind, scatters the Vapours that are the Cause of *Enormous Dreams*, to which Distracted Persons are almost constantly subject; and procures quiet easy and natural Sleep, to which when the *Patient* can be brought, without the use of *Opiates*, he cannot miss of an entire Cure; the Distemper will be soon discharg'd, and I have known it frequently to

produce

produce a Cure in the Space of one Month.

This *Medicine* has been Sold at a very great Price, I having had Ten Pound a Quart for it: But tho' the Compoſition is extreamly rich, and the Drugs from which it is drawn very dear, I have, by frequent Experiment, diſcovered a much better Way of making it; and upon this Account, and in Compaſſion to the Poor, who are afflicted in this manner, have prepar'd a Quantity to be ſold at Four Pound a Quart, at my Houſe.

And whereas hitherto it has not been ſold in leſs Quantity than a *Pint*, I have order'd, That for the Future,

Half a Pint (which I have often known to effect a Cure) ſhall be ſold, and Printed Directions given with it, that ſuch as can't afford to ſend their Relations to my Houſe, may perform the Operation upon 'em themſelves; in which I have had many Inſtances of Succeſs. I muſt add, That I have found this *Medicine* effectual in the *Rickets* and *Convulſions* of the *Nerves*, for which Caſes alſo I have given Direction to thoſe that buy it.

It muſt be own'd, good Management of the *Patient* is a great Aſſiſtance to the Cure; and the rough and cruel Treatment, which is ſaid to be the Method of moſt of the Pretenders to this Cure, is not only

only to be abhorr'd, but on the contrary, all the Gentleneſs and Kindneſs in the World, is abſolutely neceſſary, even in all the Caſes I have ſeen; and as I have never us'd any Violence to any *Patient*, ſo all the *Patients* in my Houſe have not only conſtant Plenty of good and wholſom, but alſo variety of Food.

'Tis a great Miſtake, to fancy that theſe kind of *Patients* muſt be almoſt ſtarv'd, in order to a Cure, for they require a conſtant Supply of *Spirits* to ſupport 'em, and prevent that Laſſitude and Languor, ſinking of the *Spirits*, and Relaxation of the *Nerves*, which will certainly enſue on too *ſparing a*

Diet: And as there is Occasion for frequent Evacuations, both by *Bleeding* and *Purgation*, so there must be a continu'd Supply by good *Kitchin Physick*, that the *Blood* and *Spirits* may be chang'd, not exhausted and destroy'd. And any Gentleman that pleases, may every Day see the Order of my House, and examine the Goodness and Quantity of the *Patient*'s Food.

And for such Persons as can't take the Care of applying the *Oyl*, or the Toil and Burden of such *Patients* upon themselves, or that have not Conveniency to order and manage them, (which is an inexpressible Trouble,) I assure them of such Entertainment as is fit for

Persons

Persons of any Degree or Quality, in my House, in *Lambeth-Marsh*. The Conveniences may be easily observ'd upon view; the Situation is in an Air neither too subtle and thin, nor too gross; the Gardens to the House are Commodious, Large and Pleasant, into which the *Patients* are admitted, in their Intervals, and with a Person to attend them. There is as much Privacy as can be desired, and very good Rooms, and 'tis within such a Distance from the City as any *Patient* may be visited by their own *Physitian* or *Chirurgion*, if they think fit; for I shall be ready to admit them: And as *Chalibeat Waters* and *Cold-bathing* are

are of great Uſe in this Caſe, ſo we have the Advantage of being nigh to *Lambeth-Waters*, which are univerſally, and juſtly eſteem'd as good as any; and to the *Cold Bath* in *Southwark-Park*, which is an excellent *Cold Spring*, and whither my Servants can eaſily attend any *Patient*. I ſhall attend any Gentleman to conſult upon the Caſe of his Friend, and am always ready to ſerve Mankind upon ſuch Terms as ſhall be acknowledg'd Reaſonable, and proportion'd to the *Character* and Condition of every *Patient*.

Tho. Fallowes
M. D.